

# The Scattering Temenos: Neurobiology, Attachment and the Role of the Arts

Kate Donohue, Ph.D., REAT

Early trauma scatters the potential space of the newly developing psyche. Jung called this potential space the Temenos, a Greek word meaning sacred space. Trauma disrupts the growth of the psyche, soma, and healthy attachment. Neurobiological research supports this hypothesis and the use of arts, body and sensory restoration in trauma therapy.

Participants will learn the basis of neurobiological research that addresses trauma theory and the use of expressive arts therapy. These ideas will be explored through expressive arts experiential processes, didactic information and by a creative and critical dialog about the use of expressive arts for trauma, attachment and healing of the soma, psyche and spirit.

This course meets the qualifications for 2 BBS CEUs for LCSWs and MFTs as required by the California Board of Behavioral Sciences & is provided by Fred Finch Youth Center, Provider #3019.

This training is presented in partnership with Chabot Las Positas Community College and Alameda and Solano Counties.

Friday  
November 6th

2:00-4:00

Fred Finch  
Youth Center

3800 Coolidge Ave  
Oakland  
Building O

This workshop is open to those who work with foster youth in Alameda and Solano Counties. To register for this FREE workshop, please email [trainings@fredfinch.org](mailto:trainings@fredfinch.org).  
Space is limited.

Kate T. Donohue, Ph.D., REAT is a licensed psychologist and a registered expressive arts therapist who has been in private practice for the last thirty years. Additionally, she has been a supervisor for the past twenty-five years and was formerly coordinator of the Expressive Arts Therapy Program's practicum supervision at California Institute of Integral Studies (CIIS). Her life work in teaching, supervision, consultation, training and her therapy practice has been to marry Jungian Psychology with expressive arts therapy. Kate's approach to her work is also informed by her background in the visual arts, indigenous dance, drama and ritual.

